

“...grace and truth were realized through Jesus Christ ”

*John 1:17*

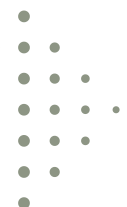


**GRACE & TRUTH**  
CLASSICAL CHRISTIAN EDUCATION

# 2025 Gap Year

A Biblical Worldview Adventure

**Biblical**    *Classical*    **Accessible**



# The Vision

If you are a Christian (17 – 25-year-old) young man or woman, can you (and your parents) think of any better way to spend a year of your life than enlisting in a rigorous Bible-saturated, Christ-centred bootcamp where you will be:

- Equipped with sound doctrine, apologetics and ethics to prepare you for secular university and to stand firm for Christ in the marketplace of ideas (Col. 2:6-8).
- Armed with a Christian mind to defend the gospel against the intellectual onslaught of an anti-Christian society, to refute competing worldviews, embracing the lordship of Christ over all of life (Rom. 12:2; Eph. 1:19-23; 2 Cor. 10:3-5).
- Required to form strong habits of Bible reading and private worship, family worship, and corporate worship, catechism, along with Scripture memorization, and improving your prayer life (Josh. 1:8-9; Psalm 1, 19, and 119; Acts 2:42).
- Be pushed to new limits in your physical fitness and care of your bodily temple
- Be free to take a digital fast from gaming and social media.
- Embarking on field trips and hikes to explore the history and beauty of South Africa!
- Learning in community with some of the best and brightest young Christians in South Africa.

Boarding students will be:

- Participating in the life of Antioch Bible Church where you will be immersed in every aspect of congregational life (Acts 2:41-47).
- Nurtured by host families who will mentor you, “imparting not only the gospel of God but their own lives” (1 Thess. 2:8).

If these goals grip your heart, capture your mind, and set your soul ablaze, then we want you! Apply today, space is limited! What better way to sharpen the focus & set the trajectory of the rest of your life and eternity?

**“I searched for a man among them who would build up a wall  
and stand in the gap before Me for the land,  
so that I would not destroy it.” (Ezek. 22:30)**

You are not taking a year OFF; you are taking a year ON – striving to make your life count for Christ.

# Admission Criteria

- Credible profession of faith in Christ (or grappling with their faith yet willing to learn)
- Age 17 up to the age of 25 (not turning 26 in the year)
- Access to their own mode of transportation (not to rely on host family if boarding)
- Not actively dating anyone else applying to the academy
- Willing to adhere to the academy standards stipulated in the Student Handbook
- Willing to be taught from the perspective of the Sola Five Confession of Faith

(All students will be expected to write a letter motivating why they want to join the academy)

# Curriculum

## Credit

- This course can be taken by high school matriculants (graduates) for a certificate in Biblical Worldview.
- Or upon request, it can be taken by approved Grade 12 students for 4 high school credits (English, Social Studies, Bible and Physical Education).

Below are the books and videos that students will engage with throughout the year:

- Biblical Doctrine, by MacArthur & Mayhue
- Understanding the Times, by Myers & Noebel
- Disciplining Nations, by Miller
- The Battle For The Beginning, by MacArthur
- Do More Better, by Challies
- 12 Ways Your Phone Is Changing You, by Reinke
- The Legacy of William Carey, by Mangalwadi
- Saving Leonardo, by Pearcey
- Pilgrim's Progress, by Bunyan
- Under the Influence: How Christianity Transformed Civilization, by Schmidt
- How Should We Then Live? (Schaeffer – Video Series)
- The Consequences of Ideas (R.C. Sproul – Video Series)
- Apologetics (R.C. Sproul – Video Series)
- A Blueprint For Thinking (R.C. Sproul – Video Series)
- Puritan (Select Video Series)
- Male & Female He Created Them (Burk et al. – Video Series)
- Must The Sun Set On The West (Mangalwadi – Video Series)

# Teacher

Our director and main teacher is Michael Neves Alves. Mike qualified as a Physiotherapist from the University of the Witwatersrand in 2021. He is now a student at Shepherd's Seminary. Mike also teaches the Omnibus course for Grace & Truth which expounds the great books that shaped the greatest civilizations. He has been faithfully attending Antioch Bible Church since 2018, and serves in the Youth Ministry and Music Ministry. His spare time (which is rare) is filled with reading books, running, playing soccer, and playing music (usually in that order). As of July 2023, he married his beloved bride Jana Marie (who is expecting their first child in May 2025), and the two reside happily in a cottage in North Riding AH. Mike will draw in guest lecturers as needed for different topics being covered.

# Schedule

The programme will consist of 36 weeks with four main 'streams' that students will engage in on Monday, Tuesday, and Thursday:

- 1st Hour (8:00-9:00) – Bible
- 2nd Hour (9:00-10:00) – Theology
- 3rd Hour (10:30-11:30) – Worldview/History
- 4th Hour (11:30-12:30) – Video Series

Students will receive tea (10:00-10:30) at the Cantrell home. Students to pack their own lunch for the lunch break (12:30-13:30).

Students can attend weekly small groups or apply for [Antioch Counseling Training](#) which will be on Wednesday nights at Antioch Bible Church from 6-9 p.m. and one Saturday morning a month.

Students must submit a plan for training for one of the following sporting events which will need to be completed in the final month of the year:

- 21km run (e.g. Soweto Marathon)
- 90km cycle (e.g. 94.7 Cycle Challenge)
- 1.6km swim (e.g. Sun City Swim)
- Or participating in a club sport (e.g. netball, rugby, squash, soccer, etc.)

**Trips May Include**

- A Christian response to the Apartheid Museum, Voortrekker Monument & Union Buildings
- A Creationist perspective on Maropeng in the Cradle of Humankind
- Godly Young Men/Maidens Camps (learning from rural missionaries in Limpopo)
- Church Camp
- Climbing Table Mountain and Lion's Head in Cape Town with mentoring from Mark Christopher on climate change and gender issues.
- Backpacking
- Game Viewing in Kruger National Park with church planters in the area.

Parents of pilot class will be involved in determining the budget and feasibility of these trips.

## Tuition

Annual Tuition: R 41,000

- Can be paid in ten monthly instalments due 31 January – 31 October 2025
- Includes tea on class days
- Does not include lunch; please bring your own
- Does not include books
- Does not include trips

Room and Board (TBD)

**“Our gap-year teaches you to make a life  
before making a living.”  
(Tommy Nelson)**